

## STAYING SAFE ONLINE

For mums and dads



#### True or False?

9-10 under 10's go online

True

86% 7-11 year old's use some kind of online communication

True

31% 7-11 year olds said that mean comments stop them enjoying time online

True





#### Our concerns

- Inappropriate content
- Downloading
- Strangers
- Sharing
- Gaming





### Inappropriate content

- The internet
- Kids can use it to learn, be creative and make friends.
- But there's a lot on the internet that they shouldn't see.
- Do we really know what our children are watching on YouTube?
- When a child searches online, they may not always find
- A quick search on YouTube for Ken and Barbie.



#### How can we protect our kids?

- Search engines
- Kids specific sites
- Parental Controls

٨B









#### **How To Keep your Devices Secure**

#### O<sub>2</sub> <sup>(2)</sup> NSPCC

Let's keep kids safe online



It is illegal in the UK to have a social media account under the age of 13.

## True or False



#### Answer:

#### False

- However most sites including Facebook, twitter and Instagram set a 13+ minimum age due to US privacy laws, not age appropriateness.
- The European Union has discussed making it law for 16+



## **Social Networking**

Proper Social networking should be off limits at this age for a variety of reasons ...

#### However ...

Social games such as Disney's Club Penguin are a great way for your kids to dip a toe in the water, with a bit of parental supervision.





# Do you really know what your child is playing or doing on the tablet?



### Gaming



- Many games now have a social element to them
- PEGI Pan European Game Information
- What is it?
- Is it illegal to sell to underage?

Yes and come with some harsh penalties.

Make sure you know what your child is playing.



### Downloading

- Illegal sites
- In app purchases



#### What to put in Place

Anti Virus Guards



Being aware and setting boundaries.

#### Strangers

- Social networking including YouTube can be used to connect with people which is great ... but not when messages like this appear in the comment sections of a Ken and Barbie video:
- SnapChat have just added this feature.



# How many hours does your child spend in front of a screen etc.?

Children aged five to 16 spend an average of six and a half hours a day in front of a screen compared with around three hours in 1995, according to market research firm Childwise.



## **Useful Tools**

- IT and internet usage, including that of our children's tablet time should not be discouraged. In fact encouraged.
- However
- We need to use this opportunity to teach them to manage their time now.
- iPhone/iPad have OurPact enables parents to manage their family's screen time, locate family members using geolocation and teach time management through Internet and application blocking.

Android Users: Qustodio or Net Nanny



### NSPCC and O2 guidelines

#### Talk

- Having a conversation
- **Explore** 
  - What are your children doing online?
- Agree
  - Setting the ground rules

#### Manage

- Taking Control



#### Key Messages

- Be Involved
- Talk to your child
- Agree measures with your child
- Put things in place to protect your child and yourself.

#### Further Reading and support

- <u>http://parentalcontrols-on.org/</u>
- https://www.net-aware.org.uk/
- http://www.o2.co.uk/help/nspcc
- https://www.clubpenguinisland.com/
- https://www.thinkuknow.co.uk



